

CAFH Holiday Dreams Community Giving Program

**Fill a basket and...
fill a child's heart with hope**

Life Start Kit (for youth transitioning to independent living)

Start with a laundry hamper or basket and fill with any items listed below:

- ♥ bath and hand towels
- ♥ soft blanket and pillow
- ♥ tea towels and dish cloths
- ♥ oven mitts, potholders
- ♥ drinking glasses and mugs
- ♥ cutlery and dishes
- ♥ saucepans and cookie sheets
- ♥ kettle and toaster
- ♥ stick vacuum
- ♥ mixing bowls and chopping boards
- ♥ kitchen utensils (whisk, wooden spoons etc.)
- ♥ colander and reusable food containers
- ♥ can opener and measuring cups
- ♥ broom and mop
- ♥ comforter and sheets (all sizes)



Personal Care Kit (Items for youth, 16 and older) (*most popular)

Start with a basket, duffel bag or backpack and fill with any items listed below:

- ♥ *wireless air buds / wireless speaker
- ♥ *hair clipper / beard trimmer kits
- ♥ nail care kit
- ♥ hair dryer, hair straightener
- ♥ *teen pack and toiletries
- ♥ socks and PJs (all ages/genders)
- ♥ wallet
- ♥ *shaker bottles / reusable water bottle
- ♥ cozy blanket



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Comfort Kit (for children and youth during challenging times)

Start with a duffel bag, backpack or small suitcase and fill with any items listed below:

- ♥ cozy blanket and fun/soft pillow
- ♥ toiletries (toothbrush, toothpaste, hairbrush etc.)
- ♥ reusable water bottle
- ♥ Pajamas and socks (all ages)
- ♥ child/adult activity i.e., colouring book/pencil crayons
- ♥ gift card for Tim Hortons, Subway, McDonalds, etc.



Welcome Kit (for a newborn and mom)

Start with a laundry hamper or basket and fill with any items listed below:

- ♥ gift card for Walmart or Babies R Us
- ♥ diapers, baby wipes, wash cloths
- ♥ cotton receiving blanket, baby blanket
- ♥ diaper bag
- ♥ nursing items (pads, pump, pillow)
- ♥ onesies
- ♥ rattle, teething toy

